

## Sara Colalillo

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### EDUCATION

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Doctor of Philosophy, Clinical Psychology (2014 – present)

*The University of British Columbia, Vancouver, BC*

Dissertation: Associations between maternal executive functions and parenting behavior: Are they moderated by parental socialization goals?

Supervisor: Dr. Charlotte Johnston

Master of Arts, Clinical Psychology (2012 – 2014)

*The University of British Columbia, Vancouver, BC*

Thesis: Effects of emotional motivational intensity on maternal cognitions

Supervisor: Dr. Charlotte Johnston

Bachelor of Arts, Major in Psychology, Minors in Behavioral Science and Italian Studies (2008 – 2011)

*McGill University, Montreal, Qc*

Thesis: Academic achievement, alcohol consumption, and personality risk among youth

Supervisor: Dr. Robert Pihl

### PUBLICATIONS

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Johnston, C. & Colalillo, S. (in press). Attention-Deficit/Hyperactivity Disorder. In J. Hunsley & E.J. Mash (Eds.) *A guide to assessments that work, Second edition*.

Park, J.L., Johnston, C., Colalillo, S., & Williamson, D. (in press). Parents' attributions for negative and positive behaviour in relation to parenting and children's problem behaviour. *Journal of Clinical Child and Adolescent Psychology*.

Colalillo, S. & Johnston, C. (2016). Parenting cognition and affective outcomes following parent management training: A systematic review. *Clinical Child and Family Psychology Review*, 19, 216-235.

Colalillo, S., Miller, N.V., & Johnston, C. (2015). Mother and father attributions for child misbehavior: Links with internalizing and externalizing problems. *Journal of Social and Clinical Psychology*, 34, 788-808.

O'Donnell, K., Gaudreau, H., Colalillo, S., Steiner, M., Atkinson, L., Moss, E., ... & Meaney, M.J. (2014). The Maternal Adversity Vulnerability and Neurodevelopment (MAVAN) Project: Theory and methodology. *Canadian Journal of Psychiatry*, 59, 497-508.

Colalillo, S., Williamson, D., & Johnston, C. (2014). Attributions for parent behavior by boys with and without Attention-Deficit/Hyperactivity Disorder. *Child Psychiatry and Human Development*, 45, 765-775.

Escobar, R.S., O'Donnell, K., Colalillo, S., Pawlby, S., Meaney, M.J., Levitan, R.D., & Silveira, P.P. (2014). Better quality of mother-child interaction at 4 years of age decreases emotional overeating in IUGR girls. *Appetite*, 81, 337-342.

## PROFESSIONAL PRESENTATIONS

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Colalillo, S. & Johnston, C. (2017, June). Format and descriptions of parenting interventions influence parents' ratings of treatment acceptability. *International Society for Research in Child and Adolescent Psychopathology Scientific Meeting*, Amsterdam, NL.

Colalillo, S. & O'Donnell, K. (2015). Etch-a-Sketch: Coding mother-child interaction using the GESU coding manual. Presented to GUSTO (Growing Up in Singapore Toward Healthy Outcomes) research team at the Singapore Institute for Clinical Sciences, Singapore (June) and MAVAN (Maternal Adversity, Vulnerability, and Neurodevelopment) research team at the Douglas Mental Health University Institute, Montreal, Qc. (June)

Colalillo, S. & Johnston, C. (2015, April). Families and Attention-Deficit/Hyperactivity Disorder. ChADD (Children and Adults with Attention Deficit Disorder) Vancouver, Vancouver, BC.

Colalillo, S., Park, J., & Johnston, C. (2014, November). The relationship between parental attributions for personal and child-related events. *Association for Behavioral and Cognitive Therapies Convention*, Philadelphia, PA.

Colalillo, S., Kim, H.J., Britton, T.C., Noyes, A.L., & Johnston, C. (2014, June). Effects of emotional motivational intensity on maternal cognitions. *Canadian Psychological Association Annual Convention*, Vancouver, BC.

Colalillo, S., Williamson, D., & Johnston, C. (2013, August). Attributions for parents' behavior: A comparison of boys with and without Attention-Deficit/Hyperactivity Disorder. *American Psychological Association Annual Convention*. Honolulu, HI.

Colalillo, S., Miller, N., & Johnston, C. (2013, April). Parent attributions for child misbehavior: Mother and father perspectives. *Society for Research in Child Development Biennial Meeting*, Seattle, WA.

O'Donnell, K., Colalillo, S., Gaudreau, H., Atkinson, L., Fleming, A., Kennedy, J., Sokolowski, M.B., & Meaney, M. (2013, April). COMT gene variants interact with maternal sensitivity to predict children's response to challenge: A MAVAN study. *Society for Research in Child Development Biennial Meeting*, Seattle, WA.

Colalillo, S., O'Donnell, K., Fleming, A., Lydon, J., & Meaney, M. (2012, July). Child outcomes as a function of first exposure to maternal depression: Significance of the perinatal period. *International Society for the Study of Behavioural Development Biennial Meeting*, Edmonton, AB.

Roussel-Bergeron, M., Colalillo, S., & Meaney, M. (2012, July). Maternal criticism predicts children's attributional style. *International Society for the Study of Behavioural Development Biennial Meeting*, Edmonton, AB.

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## OTHER RESEARCH EXPERIENCE

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Workshop Facilitator and Consultant (01/2015, ongoing)

*Growing Up in Singapore Toward Healthy Outcomes (GUSTO) Project, Singapore Institute for Clinical Sciences, Singapore*

- Development and facilitation of a 4-day workshop on coding parent-child interactions using the GESU system (Sharp et al., 1995)
- Monitor and provide regular feedback to the coding team to achieve inter-rater reliability
- Be available for consultation on coding-related issues

Trainer and Consultant (01/2014 – 12/2015)

*Peer Relationships in Childhood Lab, The University of British Columbia, Vancouver, BC*

- Train lab members on the theory and methods for coding parent-child interactions using the GESU system adapted for use with older children
- Consult regularly with the team to discuss issues with inter-rater reliability

UBC Parenting Lab (09/2012 – present)

- Code parent-child interactions using a matrix coding system developed in the lab
- Participate in weekly lab/journal club meetings
- Supervise a directed studies student in all steps of a research project; provide regular feedback on written work and research activities

Research Assistant (09/2010 – 06/2012)

*Maternal Adversity, Vulnerability, and Neurodevelopment (MAVAN) Project, Douglas Mental Health University Institute, Montreal, Qc*

- Code parent-child interactions using the GESU coding scheme
- Participate in weekly journal club meetings

## SUPERVISED CLINICAL EXPERIENCE

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Intake Screener (08/2016 – present)

*UBC Psychology Clinic, Vancouver*

- Conduct initial telephone interviews with individuals interested in receiving services at the clinic, presenting with a wide range of difficulties
- Meet with the clinic director to decide which clients may benefit from the services offered, and which do not meet intake criteria
- Orient new students to clinic policies and procedures

Clinical Practicum Student and Psychology Assistant (09/2015 – present)

*Maples Adolescent Treatment Centre, Burnaby*

- Observe, administer, score, interpret, and summarize cognitive testing measures (WISC-IV, WISC-IV Integrated, WAIS-IV, etc.), questionnaires (YSR, CBCL, MACI, BDI, etc.), and clinical interviews with adolescents with a range of difficulties
- Compose comprehensive psychological reports including case formulation and summary recommendations

Clinical Practicum Student and Teacher Consultant (08/2016 – 07/2017)

*MOSAIC: Making Socially-Accepting, Inclusive Classrooms (Phase 1)*

- Consult regularly with teachers regarding all components of the MOSAIC intervention

- Conduct weekly classroom observations of teachers implementing the program, and problem-solve around barriers to implementation
- Collect teachers' feedback and integrate where appropriate into the evolving MOSAIC manual

Clinical Practicum Student (08/2016)

*Camp Brave, Vancouver*

- Implement an intensive behavioral treatment program for young children with selective mutism
- Monitor and document treatment progress and generate a discharge report with recommendations for future intervention

Clinical Practicum Student (09/2015 – 06/2016)

*ADHD Clinic, BC Children's Hospital, Vancouver*

- Plan, observe, and deliver supervised group mindfulness-based behavioral parent training for managing ADHD and related disorders in children and parents
- Co-conduct diagnostic assessments of ADHD and comorbid disorders in children and adolescents, and contribute to report-writing

Clinical Practicum Student (07/2015 and 07/2016)

*OCD Clinic, BC Children's Hospital, Vancouver*

- Implement an intensive cognitive behavioral treatment program for pediatric obsessive compulsive disorder
- Collaborate with youth and their families to design and conduct exposure and response-prevention exercises

Clinical Practicum Student (09/2014 – 05/2015)

*University of British Columbia Psychology Clinic, Vancouver*

- Conduct structured clinical assessments of adults with hoarding disorder
- Co-lead group cognitive behavioral therapy for adults with hoarding disorder, including home visits

Clinical Practicum Student and Lead Counselor (06/2014 – 08/2014)

*Summer Treatment Program for ADHD and related disorders, University of Illinois, Chicago*

- Implement behavioral treatment for children with ADHD and comorbid disorders
- Develop individualized treatment programs for children not benefitting maximally from the standard intervention in collaboration with psychologists and parents
- Co-lead behavioral parent training
- Supervise and provide regular feedback to five counselors implementing the program
- Compose and edit treatment summaries for each child at the conclusion of the program

Clinical Practicum Student (09/2013 – 05/2014)

*University of British Columbia Psychology Clinic, Vancouver*

- Conduct structured clinical assessments of children referred to the clinic and make treatment recommendations
- Implement evidence-based interventions for behavioral and emotional difficulties in children

Student Therapist (05/2013 – 05/2014)

*University of British Columbia Parenting Lab, Vancouver*

- Conduct structured clinical assessments of adults with ADHD

## AWARDS & DISTINCTIONS

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2014 – 2018	Doctoral Fellowship <i>Social Sciences and Humanities Research Council of Canada</i>
2014 – 2018	Four-Year Doctoral Fellowship <i>The University of British Columbia</i>
2014, 2013	Faculty of Arts Graduate Student Travel Award <i>The University of British Columbia</i>
2013 – 2014	Joseph-Armand Bombardier Canada Graduate Scholarship <i>Social Sciences and Humanities Research Council of Canada</i>
2013	Department of Psychology Graduate Student Travel Award <i>The University of British Columbia</i>
2012 – 2013	Faculty of Arts Graduate Award <i>The University of British Columbia</i>
2012 – 2013	Paskins Memorial Fellowship <i>The University of British Columbia</i>
2012 – 2013	Arts Graduate Research Award <i>The University of British Columbia</i>
2012 – 2013	Master of Arts Bursary <i>Canadian Italian Business and Professional Association</i>
Summer 2011	Bertha Lapitsky Award for Research in Child Development <i>McGill University</i>
2010 – 2011	Bachelor of Arts Bursary <i>Canadian Italian Business and Professional Association</i>
2011	Dean's Honor List <i>McGill University</i>

## TEACHING EXPERIENCE

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Co-Instructor, PSYC 102, Introduction to Developmental, Social, and Clinical Psychology (Fall Term, 2016), overall effectiveness 4.2/5  
*The University of British Columbia*

Teaching Assistant and Student Mentor (Fall 2014, Winter 2015)  
*Vantage College, University of British Columbia*

- PSYC 102, Introduction to Developmental, Social, Personality, and Clinical Psychology
- PSYC 208, Research on Mental Health and Wellness

Teaching Assistant and Guest Lecturer  
*The University of British Columbia*

- PSYC 300A, Clinical Psychology (Winter 2016)
- PSYC 101, Introduction to Biological and Cognitive Psychology (Fall 2015)
- PSYC 350A, Human Sexuality (Winter 2015)
- PSYC 101/102, Introduction to Biological and Cognitive Psychology (Fall 2013, Winter 2014)

- PSYC 100, Introductory Psychology (Fall 2012, Winter 2013)

Teaching Fellow (Fall 2013)

*University of British Columbia*

- PSYC 308A, Social Psychology

## **NON-ACADEMIC POSTS**

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Mentor to clinical MA students, 2017-present

Graduate Student Council President, 2015-2016

## **PROFESSIONAL AFFILIATIONS & MEMBERSHIPS**

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Canadian Psychological Association Student Affiliate

Association for Psychological Science Graduate Student Affiliate

Society for a Science of Clinical Psychology International Student Member